

SEPTEMBER 2017  
VOL. 1 ISSUE 4

# THE FALLS FORUM

THE FALLS  
HUDSON, NEW YORK  
BI-WEEKLY NEWSLETTER

## ISSUE HIGHLIGHTS

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### HELPFUL APPLIANCE TIPS

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### PET PERSONALITIES: MEET BAILY

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### FALLS FILMS: WEDDING CRASHERS, WILLY WONKA & MORE!

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### LITTLE SHOPS OF HUDSON, HUDSON HAPPENINGS & MORE!

## HOLIDAY WEEKEND

The front desk and executive offices will be closed on Monday, September 4, 2017 to honor Labor Day.

## WOLFE'S CLEANING



### FREE basic cleaning!

All new residents receive 1 free basic cleaning. Contact Christina at: 518.240.8004 Ext. 101 to schedule your cleaning.

## MAINTENANCE REQUESTS 101

Leaky faucet?

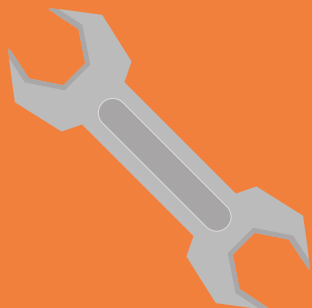
Need access to storage unit?

Did you know that you can submit maintenance requests online?

Please note that requests are reviewed Monday through Friday from 9:00 a.m. to 5:00 p.m., except for holidays.

[SUBMIT REQUEST](#)

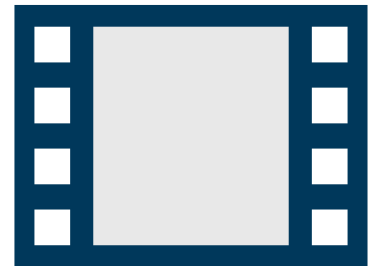
Sign up for access to the online portal by contacting your property manager.



# FALLS FILMS

## THE WEDDING CRASHERS (R)

Friday, Sept 8  
7:00 pm



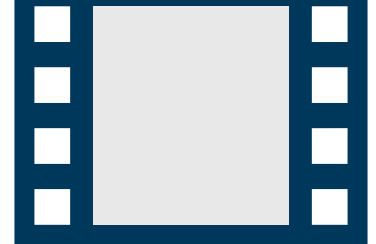
## BEGIN AGAIN (R)

Saturday, Sept 9  
3:00 pm



## WILLY WONKA & THE CHOCOLATE FACTORY (PG)

Friday, Sept 15  
7:00 pm



## THE FOUNDER (PG-13) NETFLIX

Saturday, Sept 16  
3:00 pm



# PET PERSONALITIES

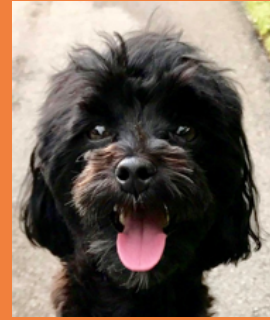
## MEET BAILEY!

Born July 18, 2014 He is a 3yr old. Maltese/Poodle breed. (Maltipoo)

Mark and Patty are mommy and daddy.

Favorite food is his current home cooked meals! Grass fed beef with organic sweet potatoes, steamed peas and corn.

Favorite thing to do? Many favorites! Very friendly to all he meets. Loves his walk, run, jog everyday with mommy. The best part of that exercise is the ball throwing and play time at the park along the way. Enjoys airplane trips and car rides..... Always excited about the adventures that follow!



# WOLFE'S CLEANING

"Hudson's vibrant community is kept a little bit tidier by the efforts of Christina (Wolfe) Snyder. Christina, a lifelong Hudson resident, began cleaning homes for neighbors at the age of seventeen. Living on her own and as a single mother to a young daughter, her business pursuits began by knocking on neighbors' doors and asking if they needed any cleaning help. Persevering to finish high school and earn an Associates Degree in Business Administration, Christina's entrepreneurial spirit and dedicated work ethic impressed a list of clients that grew until 2007, when she decided to establish her business, Wolfe's Cleaning Services. In 2014, her residential clientele grew to include her first commercial clients.

The quality of Christina's work has been recognized both in the immediate community and in the wider Hudson Valley."

- JMS Collective

## Wolfe's Cleaning Services Awards:



- Capital Region Business of the Year 2016
- Best of Hudson Valley-2016
- Best of Hudson-2014
- Breakers Choice Award- June 2017
- Columbia County Best of Services Award-June 2017
- Business of the Month for August 2017



# RESIDENT UPDATES

## Lobby Carts

We are happy to provide 2 hotel carts to assist with moving items from groceries, deliveries, heavy items, etc., located by our front desk in the main lobby. As a reminder, we ask that when you do use the cart to please RETURN TO THE FRONT DESK.

## Gym

Have an interest in learning more about our gym equipment and machines? Sign up today for a brief tutorial with Alex in our gym during the following days: Wednesday, September 6th at 5:30pm or Saturday, September 9th at 11am. Email [alex@jmscollective.com](mailto:alex@jmscollective.com) and let him know which class time you are interested in!

## Guest Parking

If having a visitor for 2 or more consecutive nights, be sure to pick up your Guest Parking Pass at the front desk. Guest parking is located to the right of the main entrance, near the Banquet Hall. This pass must be displayed on the front dashboard of the guest's vehicle. Return pass to front desk after use.

## Pet Regulations

We are proud to be a pet-friendly building, please be respectful of the common spaces. As a reminder to all residents, there are NO PETS allowed in any of the amenities.

## The Falls Wifi

NAME: Falls Public

PASSWORD: welcome158



# HELPFUL APPLIANCE TIPS

## Dishwasher ([Casecadeclean.com](http://Casecadeclean.com))

1. Remove Excess Food. Using a wooden spatula, scrape off as much stuck-on food from your dishes as you can muster into the garbage. Think of it as a gym workout.
2. Load The Bottom Rack. Put plates and messy pots and pans on the bottom rack facing the water source. Typically, the water source is in the center of the machine.
3. Load The Top Rack. Place cups, mugs, and bowls face down on the top rack. This way they'll get cleaned better and won't collect water.
4. Prevent Melting Plasticware. Plasticware also belongs on the top rack. Temperatures typically remain cooler on the top rack, which will prevent it from melting.
5. Loading The Silverware Basket. Mix up the silverware compartments by distributing different types of utensils evenly to prevent nesting. You don't want your spoons to spoon.
6. Save Your Skin. Sharp cutlery and utensils should always be loaded face down. Knives are meant for cutting cheese, not your fingers.
7. Use Cascade tablets

## Energy-Efficient Central Air Conditioning

All of our apartments are installed with very high efficient central air systems. Please allow ample time for the system to cool down your apartment. For example: If the air is off all day, you return home at 5pm, please allow 2-3 hours for the apartment temperature to drop. To help aid in lowering the temperature of your apartment turn on the ceiling fans. If you set it to the snowflake icon, it will help cool the room even more.



# Washer/Dryer (whirlpool.com)

## How to properly load dryer:

- Do not tightly pack the dryer. Clothes should be able to move freely.
- Untangle items from the washer. Items going into the dryer twisted or tangled will take longer to dry and are more likely to come out of the dryer wrinkled.
- Tie strings, belts, sashes or other loose / strappy items prior to drying or place in an open mesh bag to prevent tangling and wrinkling of the load. Loose strings may tangle with other items in the dryer load.
- Do not overload. Items need to tumble freely.



Small Load: Fill the dryer with 3-4 items, not more than 1/4 full.



Medium Load: Fill the dryer drum up to about 1/2 full.



Large load: Fill the dryer drum up to about 3/4 full.

## What NOT to flush down the toilet (bouldenbrothers.com):

1. Feminine Products - Tampons and other feminine hygiene products

2. Cooking Grease/Food - Grease should never be poured down any drain, period. It may look like a liquid that can easily be dumped down a drain, but when it cools, it will congeal and clog up your pipes. Collect your grease in a glass jar and throw it in the trash, or save the grease and reuse it, especially bacon grease... mmmm.

3. Baby Wipes/Wet Wipes/Cleaning Pads - These "adult baby wipes" are becoming increasingly popular nowadays. They are also increasingly causing clogs and backups in sewage pipes across the country. Although some of these brands might say they are flushable on the box, there are groups that are revising the guidelines, so soon all wet wipes will have a noticeable DO NOT FLUSH symbol on the packaging. If you must use these, throw them away in the trash can. Keep one close to the toilet. Flushing wet wipes can easily turn into an expensive mistake when you have to call a plumber to snake your toilet.

4. Dental Floss - Floss is not biodegradable and can cause serious clogs and environmental damage.

5. Q-tips/Cotton Balls - You might think that cotton will break down, since some toilet paper is made from cotton linnen (Cottonelle/Cottonsoft), but they don't! They will clump together, causing stoppages at bends in the pipes.

6. Diapers - Just because there is human waste inside does not mean that they are OK to flush. Diapers are made to expand in water. In the unlikely case you actually get the diaper to flush, it will likely get caught in the U-bend of the pipe.

7. Pills- You may think it is a good idea to put pills out of harm's way, but you are probably doing more harm than good by flushing them. They have toxic effects on groundwater supplies and wildlife. There are many community-based "take back you meds programs." On September 27th, the DEA will be heading a "National Take-Back Day." There will be many collection sites throughout Delaware on this day. Locations can be found here.

8. Paper Towels/Tissues - If you really want to save money and help the environment, you will use washable cloths and rags, but if you have to use paper towels, throw them in the trash, not the toilet. Tissues and paper towels are not made to dissolve like toilet paper; throw them in the trash. What does that leave? Not much! Human excrement and regular toilet paper are the only things you should flush down your toilet.

**What does that leave? Not much! Human excrement and regular toilet paper are the only things you should flush down your toilet.**

# HUDSON HAPPENINGS

## **Just the Facts: 2017 LightField Festival of Photography & Multimedia Art**

Hudson Hall, 327 Warren St.

"The second annual LightField Festival at Hudson Hall, JUST THE FACTS exhibits still photography and multimedia work by six distinguished artists. Their focus is on working class people who struggle daily to keep their dignity in a social landscape that is increasingly hostile to immigrants and the working poor. JUST THE FACTS investigates how marginalized people, largely invisible to mainstream culture, have been left behind by technology and globalization."

## **Food Truck Picnic Day**

Olana State Historic Site

Saturday Sept 2 11am-7pm

"Gracie's food truck is a local institution and serves up made-from-scratch American classics. On Saturday of Labor Day weekend, Gracie's will be parked at Olana so you can purchase your picnic brunch, lunch, or dinner with an awesome view! Picnic revellers are encouraged to bring chairs, blankets, and a cooler."

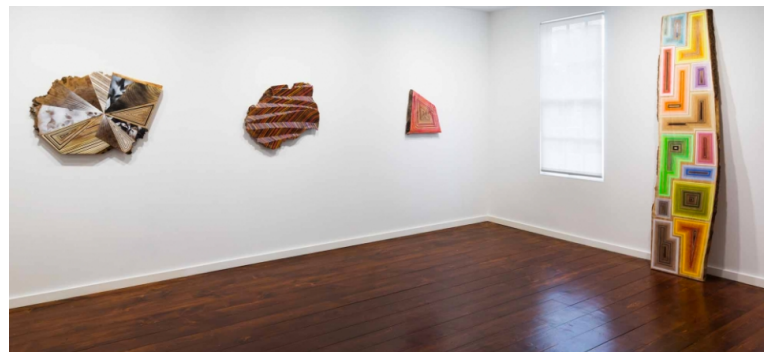
## **Jeff Bailey Gallery**

127 Warren St. Hudson, NY

Featuring artists Jason Middlebrook:

Glow + Joshua Marsh: Paper Garden

Exhibition until September 17.



## **Exposition Auction**

549 Warren Street, Hudson

Art & Design Auction at STAIR Galleries Saturday, September 9th, 11am



## **Alfred Hitchcock's Vertigo**

Richard B. Fisher Center for the Performing Arts

September 16 at 8pm & 17 at 2pm \$25-\$75

"This romantic, psychological thriller by Alfred Hitchcock continues to hypnotize audiences. It is accompanied by Bernard Hermann's haunting score performed live by the Bard College Conservatory Orchestra. A benefit for the Bard College Conservatory of Music."

# LITTLE SHOPS OF HUDSON

**Written by JMS Collective (August 24, 2017)**

Every town in the Hudson Valley can boast a handful of interesting, even quaint shops for the visitor to enjoy. But Hudson is more than a little place with a few tchotchke shops. Hudson has been called “trendsetting” more than once—and a casual stroll down Warren Street proves why.

Here are some of the most unique specialty shops in Hudson, NY. No doubt you’ll want to stop in and say hi (and buy!).

## **Verdigris - 135 Warren Street**

This is the kind of tea shop you’d expect to find in a truly cosmopolitan kind of town—so no surprise it’s found in Hudson! There is a wall of astonishingly diverse teas from everywhere imaginable and some beyond what you can picture—from esoteric roobios to fragrant earl grey, it’s all here. Oh! And it isn’t just tea, it’s also chocolate in abundance: spicy chocolate from Mexico, or chocolate truffles by the box. They serve tea and make hot chocolate as well!



## **The Good Fight Herb - 135 Warren Street**

This shop takes no halfway measures—they are all-in on herbal remedies and more. From Allergy Season Support decoctions and Burn Bundles made of sage and other herbs to special potions in support of your chakras, here’s where you’ll discover a world of natural medicaments designed to enhance your wellness and make you feel glad you came to Hudson in the first place. There’s even an herbal CSA you can join, and, according to their web site, “each season you’ll receive a bountiful package that contains 5 medicinal products, 1 self care surprise and 1 informational booklet.” They also offer a 60-hour course “providing students with a core foundation in the study of Herbalism.” Nothing halfway about it.

## **Talbot & Arding Cheese and Provisions - 323 Warren Street**

Just a couple of doors down from the stalward Red Dot restaurant is relative newcomer Talbot & Arding, a charcuterie of exceeding high quality. Here are some of the best cheeses you’ll see anywhere up and down this entire globe, as well as such upscale deli-treats as duck-confit to take home, or varieties of pate (accent mark?) that might as well be in any top shop in New York City. They’ll make you a great sandwich if you want one—and you can walk out with a baguette under your arm too.

## **Marx Home Furnishings - 344 Warren Street**

If it’s enameled Le Creuset cookware you’re looking for, or a bendy tool to scoop out the last of your amazing cake-mix, this is the place. It’s stacked to the rafters with top-quality, hard-to-find kitchenware and some great cookbooks as well. There’s enough paring knives and copper-bottom pans here to satisfy the professional chef as well as the wiser sort of homebody.

## **Olde Hudson - 449 Warrent Street**

Perhaps the grande dame of Hudson specialty shops, Olde Hudson has been here since the beginning and has expanded into a fully stocked market that features a cafe with outdoor seating. Every type of cheese and sausage are available, as well as cakes, pies, the best brands of pasta and sauce, and lots of high-end refrigerated drinks. Also, if you are interested in the most highly-rated steaks and chops in town, these are also available in the deep-freeze. Connected to the food shop is a full-service cafe with every variety of coffee and infusion.

## **Savor the Taste - 527 Warren Street**

Somewhere there is an olive oil created just for you. And if it’s that oil you’re looking for (or perhaps that vinegar or that combination of spices), then make your way to this well-appointed shop at 527 Warren Street. Here you’ll find viscous, savory liquids like Olive Wood Smoked Olive Oil; Persion Lime Infused Olive Oil; Black Truffle Oil; and vinegars balsamic in every flavor you can think of and some no doubt you have not. Tahitian Vanilla Balsamic Vinegar? Why not? You’ll also find ample supplies of local syrup, jams and jellies, coffee and snacks.



### Lick - 623 Warren Street

This is the ice cream-lovers destination in Hudson. Of an evening you'll find young and old couples, hipsters and just-folks lining up for a cone or a cup of richly flavored ice cream you just won't find at the highway shake-shop. Try a combination of dark chocolate and pistachio and you'll almost feel like you're dipping into a tasty treat somewhere in a Roman ice cream emporium-this is as good as you'll find no matter how far and wide you look!

### Iron Horse Cigar Depot - 22 South 7th Street

Take a break from eating and light up a fragrant cigar! This off-the-path shop is right near Warren Street and not half a block from the Governor Tavern. Go around back and walk into a genuine cigar emporium with a smoking lounge, a fully-stocked humidor and every type of cutting tool and lighter you can fancy. The fragrance of good tobacco is unmistakable and everyone should try a fine cigar at least once in life. In Hudson, this is the place to find one (or several).



### Billy's Italian Market - 717 Columbia Street

Less hip than just plain good, Billy's is located at the northeastern corner of the park; and if an old-school, really tasty Italian sandwich is your wish, then a trip to Billy Ledda's place should be your command. He slices the mortadella thin and the bread is fresh and the provolone is layered on in exactly the way it needs to be. There's also home-made specialties here like lasagna, stuffed pepper, and bracciole. It's like an outpost of Mulberry Street at the corner of 7th and Columbia. Mangia!

### Vasilow's Chocolate Confectionery - 741 Columbia Street



After you leave the Italian Market, keep going another block up Columbia. Before you get to the charming Oasis restaurant, stop in at this traditional chocolate emporium that makes confections on-premises. With a tradition dating back to 1923, the shop now has truffles, dark chocolate "turtles" with pecans and old-fashioned fudge. The dark chocolate is especially addicting and highly recommended. Get a small white bag full of chocolates here and you'll bounce out with a smile.

**CAN'T GET ENOUGH  
OF THE FALLS?**

Don't forget to follow us on social media for the latest news, events, announcements and fun!



**THE FALLS**  
HUDSON, NEW YORK

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