AUGUST 2017 VOL. 1 ISSUE 3

THE FALLS FORUM

THE FALLS HUDSON. NEW YORK BI-WEEKLY NEWSLETTER

ISSUE HIGHLIGHTS



PET PERSONALITIES



HOMEOPATHIC HEALTH CORNER



FALLS FILMS: BRIDESMAIDS, BROOKLYN & MORE!



TOP 3 FAIRS, HUDSON HAPPENINGS & MORE!



FREE basic cleaning!

All new residents receive 1 free basic cleaning. Contact Christina at: 518.240.8004 Ext. 101 to schedule your cleaning.

"BE A GOOD NEIGHBOR"

Please do not hold doors for anyone you do not know. This may seem impolite, but your fellow residents will understand.

MAINTENANCE REQUESTS 101

Leaky faucet?

Need access to storage unit?

Did you know that you can submit maintenance requests online?

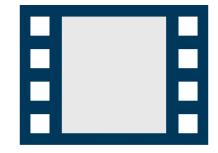
Please note that requests are reviewed Monday through Friday from 9:00 a.m. to 5:00 p.m., except for holidays.

SUBMIT REQUEST

Sign up for access to the online portal by contacting your property manager. FALLS FILMS

BRIDESMAIDS (R)

Friday, Aug 25 7:00 pm



BROOKLYN (PG-13)

Saturday, Aug 26 3:00 pm

THE EQUALIZER (R)

Friday, Sept 1 7:00 pm

PIRATES OF THE CARIBBEAN: CURSE OF THE BLACK PEARL (PG-13)

Saturday, Sept 2 3:00 pm

PET PERSONALITIES

We are happy to be a pet-friendly community here at The Falls. Welcoming cats, dogs, turtles, and more. In an effort to introduce these less seen family members, we seek to begin our "Pet Personalities" section of the newsletter. We would like it to feature a new pet each volume, along with a photo and brief profile of the pet. If interested please email racquel@jmscollective.com, with the pet's photo attached, and answers to the following questions:

- 1. Pet's name
- 2. Age
- 3. Owner
- 4. Favorite Food
- 5. Favorite thing to do

HOMEOPATHIC HEALTH CORNER

Mosquito bites, poison ivy, and ticks are a few of summers less enjoyable things. Here are a few natural remedies to keep mosquitoes at bay, heal poison ivy, or tend to sun damaged hair.

A quick mosquito repellent:

- A few drops of peppermint oil or lemongrass oil
- Add a little olive or coconut oil

Rub on skin before heading outdoors.

To treat poison ivy:

 A few drops of tea tree essential oil diluted with water.

Apply to the affected area with a cotton ball up to 3x daily. Will see results within a week!

Tick Repellent:

- 4oz. boiled/distilled water
- Witch hazel
- 30-50 drops cedar oil
- A few drops essential oil (of your preferred fragrance: vanilla, lavender, mint)
 Mix all ingredients in a spray bottle. (Reader's Digest)

Hair Repair (dry hair):

- Apply whipped cream to dry hair.
- Leave on for 10-20mins, depending on how dry or thick hair is.
- Rinse and enjoy your shiny hair!

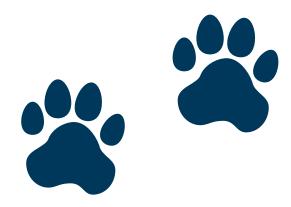
RESIDENT UPDATES

Resident Referral

If you have something that you'd like to share with other residents, please drop by the Front Desk. We will be happy to add it to our newsletter!

Pets

In an effort to keep the grounds nice for everyone to enjoy, please always leash and pick up after your pets.



Resident Recommendations

Interested in ordering The New York Times?

Currently, they will not deliver to our building. We are trying to see if we can reach the minimum requirement for delivery services. In an effort for them to deliver to our building we are collecting a list of residents interested in ordering The New York Times.

Please email: rentals@jmscollective.com

HUDSON HAPPENINGS

Columbia Children's Center 35th Anniversary Reunion

August 23, 5 - 8 pm All alumni and families invited to our annual children's circus performance. Food, games, bounce houses, friends and fun. Please come share memories, see our improvements and meet with teachers old and new."

The Basilica- Hudson, NY

August 24 @ 6 pm - FREE! Painter Haley Josephs will be the latest Basilica Back Gallery artist-in-residency



Food Truck Village Night - Kinderhook Village Square

August 24, 5 - 9pm, Intersection of Route 9 & Hudson Street, Kinderhook, NY Join us at the Kinderhook Village Square, rain or shine, for The Chuck Wagon, El Danzante, Lekker, Hungry Traveler, Slidin' Dirty, Sweet Central Express, Enjoy-A-Ball, Charcoal Dole, Pippy's Hot Dog Truck, along with Chatham Brewing and S & S Farm Brewery, AND live music!

Murder Mystery Cruise Dinner - Henry Hudson Riverfront Park, Hudson, NY August 25, 7 - 9:30 pm

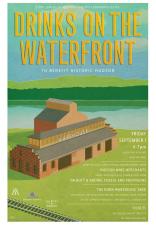
Murder on the Oriental Rug! A murder mystery brought to you by The Two of Us Productions and Hudson Cruises. Come enjoy a buffet dinner, a show & great views of the Hudson River on the beautiful Marika. Boarding starts at 6:30pm.

Grillsdale 2017- Roeliff Jansen Park, Hillsdale, NY

August 26, 6:30 - 11 pm

A night under the stars, celebrating friends and family while enjoying great grilled small plates, music and everything else that our region produces. New to the event this year will be a big celebratory fireworks display by John D' Aquino around 9:30 pm.

Waterfront Benefit for Historic Hudson - Dunn Warehouse Yard



September 1, 4 - 7 pm

Come party by the river with Historic Hudson – experience the setting and imagine the future for the site of one of the rare surviving industrial buildings on Hudson's waterfront. The cocktail hour event, to benefit Historic Hudson, will take place in the yard of the Dunn Warehouse Building. Serving a selection of Central European wines from Hudson Wine Merchants, paired with delicious late summer food from Talbott & Arding Cheese and Provisions. Tickets are \$35 in advance. \$40 at the gate.

TOP 3 FAIRS

1. Columbia County Fair - Chatham, NY

AUGUST 30 THROUGH LABOUR DAY, SEPTEMBER 4, 2017

Musical performances, contests ranging from ice cream eating to the largest pumpkin, jaw-dropping acrobatics, rides, monster tractors, and so much more!

2. Dutchess County Fair – Rhinebeck, NY

AUGUST 22 -27, 2017



General Admission: \$15 Adults Children under 12: FREE at all times

Racing pigs, mad science show, live performances, rides and more! 300 vendors of Crafts, Foods, Shopping, and Services is the perfect place to find house and garden items, unique crafts, amazing packaged foods and spirits

3. The Great New York State Fair- Syracuse, NY

AUGUST 23 - SEPTEMBER 4, 2017

Tickets: \$10

Art and craft exhibitions, butter and cheese sculptures, The Coronas family circus, live shark encounter, great food, sand sculpture, butterfly exhibit, Taste NY food truck competition, and over 70 spectacular rides.

CAN'T GET ENOUGH OF THE FALLS?

Don't forget to follow us on social media for the latest news, events, announcements and fun!



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