

JULY 2017
VOL. 1 ISSUE 1

THE FALLS FORUM

THE FALLS
HUDSON, NEW YORK
BI-WEEKLY NEWSLETTER

ISSUE HIGHLIGHTS



**MAINTENANCE
REQUESTS 101**



**FITNESS SCHEDULE:
YOGA , CARDIO &
CYCLING**



**FALLS FILMS:
THE HEAT, LITTLE MEN
THE INVITATION &
ST.VINCENT**



**RESIDENT UPDATES,
BRUNCH SPOTS &
MORE!**

COMPLIMENTARY STARBUCKS COFFEE HOURS

Monday - Friday
5:00 am to 9:00 am



WOLFE'S CLEANING

FREE basic cleaning!

All new residents receive
1 free basic cleaning.
Contact Christina at:
518.240.8004 Ext. 101
to schedule your cleaning.

MAINTENANCE REQUESTS 101

Leaky faucet?

Need access to storage unit?

Did you know that you can submit maintenance requests online?

Please note that requests are reviewed Monday through Friday from 9:00 a.m. to 5:00 p.m., except for holidays.

[SUBMIT REQUEST](#)

Sign up for access to the online portal by contacting your property manager.



FITNESS SCHEDULE

MONDAY

5:30 pm - Rev Basic (cycling) 20 mins

TUESDAY

5:30 pm - Fusion Basic (yoga/pilates) 20 mins

WEDNESDAY

5:30 pm - Vibe Basic (cardio/rhythm) 20 mins

THURSDAY

5:30 pm - Fundamentals (yoga) 20 mins

FRIDAY

5:30 pm - Big Ring Power (cycling) 20 mins

SATURDAY

9:30 am & 11:30 am - Big Ring Power (cycling) 20 mins



FALLS FILMS

THE HEAT (R)

Friday, July 28
7:00 pm

LITTLE MEN (PG)

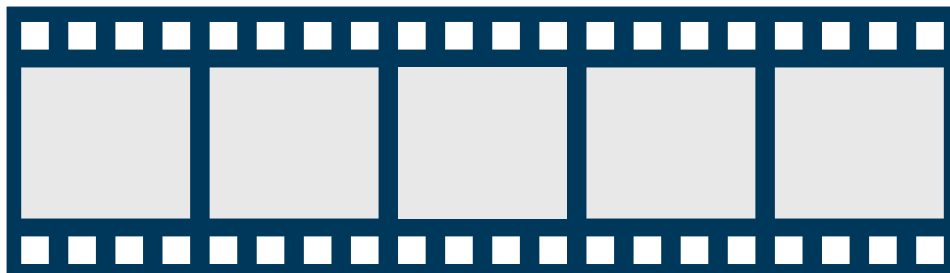
Saturday, July 29
3:00 pm

THE INVITATION (NR)

Friday, August 4
7:00 pm

ST. VINCENT (PG-13)

Saturday, August 5
3:00 pm



RESIDENT UPDATES

Garbage Rooms

A quick reminder and notice for all of the new residents, on odd numbered days, all odd numbered apartments are to dispose their garbage in the garbage rooms. On even numbered days, all even numbered apartments are to dispose their garbage in the garbage rooms. Please make sure everything is bagged, both garbage and recyclables. Please break down all boxes and place in blue recyclable bin. Do not leave any items outside of receptacles.

Courtyard

If you would like to use the cushions on the outdoor patio furniture outside of 9:00 am to 5:30 pm, please do! Feel free to bring out the cushions and enjoy the space. When you're finished please return the cushions back in their place. Those great umbrellas are equipped with solar lights so you can enjoy the space well after the sun has set. The switch is located at the bottom of the post, please turn it off when not in use.

Parking

Please hang your parking passes from your rear-view mirror at all times when your vehicle is parked on the property. Please register vehicles at Front Desk for guests staying two or more nights. Please continue to have your guests park in the lot to the right of the circle when facing the building.

Entrance

VERY IMPORTANT! The circle around 'The Falls' is a one-way under New York State Law. Please abide by these regulations or fines will be levied. We have received complaints that there have been close calls in result of cars driving the wrong way.

Intercom

Your intercom phone will ring if the front desk is calling up to your apartment or if someone is at the front resident entrance. To answer, simply pick up the phone and begin talking. If you need to let someone in, press nine (9) and the door will unlock for them. The intercom phone does not make outgoing calls.

HUDSON HAPPENINGS

HUDSON-ATHENS LIGHTHOUSE

Tours of the Hudson-Athens Lighthouse are now available on the second Saturdays of July, August, September and October.

PS21 CHATHAM FESTIVAL OF MUSIC, THEATER AND DANCE PERFORMANCE

The month of July continues full of performances by the Mettawee River Theatre Company, the Rory Block Gospel & Blues Fest, our annual Paul Grunberg Memorial Bach Concert and more! August is dedicated to the Chatham Dance Festival.

TIME & SPACE LIMITED

A not-for-profit arts organization serving the City of Hudson and the Hudson River Valley Region, with events for individuals and families to participate in the arts in a culturally rich and socially-active environment.

BRIDGE STREET BELLY DANCE

July 29, 7:30 - 9:00 pm, \$25/\$22 in advance. Hosted by Francesca Avani, this evening is dedicated to the exciting art form that is Fusion Belly Dance. Featuring performances from Jo Boring and The Lunachix, Lauren Robbiani, Serena Spears, Danielle Hutton, Lauren Jeanetter, Cherish Holmes, Brenna Crowley, Rose Calavera, Makeda, Jessica Lee LoBello, Gerudo Vagrants, and Francesca Avani.

OMI INTERNATIONAL ARTS CENTER

Workshops and events guided by the principle that artistic expression transcends economic, political, and cultural boundaries.

SMORGASBURG

Every Saturday and Sunday from April through November, Smorgasburg showcases 100 local and regional food vendors to upwards of 10,000 visitors per day, making it one of the most popular tourist destinations



BRUNCH SPOTS

Rivertown Lodge (Hudson, NY)*

Saturday & Sunday, 8:00 am - 2:00 pm

Café Le Perche (Hudson, NY)

Tuesday - Sunday, 7:00 am - 4:00 pm
Closed Monday

Gracie's (Leeds, NY)

Breakfast served all day.
Wednesday - Sunday, 11:00 am - 9:00 pm
Saturday & Sunday, 10:00 am - 9:00 pm

Local 111 (Philmont, NY)

Sunday Brunch, 10:00 am - 2:00 pm

Bartlett House (Ghent, NY)

All-day brunch on the weekends,
8:00 am - 4:00 pm



HUDSON HAPPY HOURS

WM Farmer & Sons (Hudson, NY)*

Tuesday - Sunday, 5:00 pm - 6:00 pm

NY Restaurant (Catskill, NY)

Martini Mondays, \$7 martinis
Tuesday, \$5 margaritas & tacos
Thursday, 1/2 priced bottles of wine

American Glory

Monday - Friday, 4:00 pm - 6:00 pm
All draft beers, wine by the glass, Moscow
mules & Georgia peach margaritas \$6

Destino (Chatham, NY)

Wednesday & Thursdays,
5:00 pm - 7:00 pm at the bar

Mexican Radio (Hudson, NY)

Bocas at the Bar
Monday - Friday, 3:00 pm - 6:00 pm
at the bar

* STAFF PICK

CAN'T GET ENOUGH OF THE FALLS?

Don't forget to follow us on social media for the latest
news, events, announcements and fun!



THE FALLS
HUDSON, NEW YORK

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JMS Collective

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